

# Praise Pot



A Family Praise Pot usually takes the form of glass nuggets in a bowl or marbles/ pasta in a jar.

Having a Praise Pot can help everyone in the family remember to praise each other.

Children can praise parents and siblings, parents can praise children and partners, even visitors can join in.

Whoever is praised puts the 'nugget' in the pot.

The Praise Pot is a collaborative activity and not a competition - as a family you need to work together to fill the pot.

Decide as a family how you will celebrate a full pot, and where the pot could best be placed in the home, so everyone can see it.