

YOUNGMINDS

**Hello
Yellow**
FRIDAY 10 OCT



Rucstall
PRIMARY SCHOOL

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Friday 3rd October 2025

Dear parents and carers,

Our school will be taking part in the 'Hello Yellow' on **Friday 10th October** (World Mental Health Day) to raise awareness and funds for Young Minds, the UK's leading charity for young people's mental health.

On **Friday 10th October**, we are inviting our children to wear yellow in support; this could be an accessory or a replacement piece of clothing. For example, yellow hair clips; a yellow jumper instead of their school jumper; yellow t-shirt instead of their polo shirt; or it could even be as simple as yellow socks, the importance is the support for this vital charity.

No young person should feel alone with their mental health and that's why Hello Yellow matters. We're taking this opportunity, as a school community, to come together and show our pupils that we're with them and they're never alone with their mental health.

As well as showing your support by wearing something yellow, you can also donate to our school's fundraising page, by clicking the link or scanning the QR below.

<https://fundraise.youngminds.org.uk/s/5454/5456>.

We can't wait to see the hello yellow across the school.

Many thanks for your continued support.

Mrs Earl

PSHE Lead



#HelloYellow

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YoungMinds, registered Charity in England (1094988) and Scotland (SC038700)