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## Relationship and Sex Education (RSE) – Week Commencing 6th July

Dear Parents and Carers,

We are writing to inform you that Relationship and Sex Education (RSE) lessons will take place during the week commencing Monday 6th July. As part of your child's educational experience at Rucstall Primary School, we hold parental consent for your child to take part in these lessons. We would like to make you aware of the timing so that you are prepared for any questions your child may wish to discuss with you at home during this week.

### Relationship and Sex Education

An outline of the content for each year group is below. This has previously been shared during our information evening and when your child joined the school:

#### Year 1

Keeping clean  
Know how children grow  
Different types of family

#### Year 2

Gender stereotypes  
Differences between boys and girls  
Naming body parts

#### Year 3

Differences: male and female  
Personal space  
Family relationships

#### Year 4

Growing and changing  
Body changes and reproduction  
What is puberty?

#### Year 5

Talking about puberty  
Male and female changes  
Puberty and hygiene

#### Year 6

Puberty and reproduction  
Relationships and reproduction  
Conception and pregnancy

As part of the lessons, children will be shown carefully selected books and will take part in a range of whole-class activities designed to support discussion and understanding in a safe and appropriate way.

We encourage you to talk with your child at home, as this partnership between school and home is key in supporting children's understanding and wellbeing. If you have any questions or would like further information about the content being taught, please do not hesitate to contact the school.

Kind regards,

Miss R Hughlock  
Headteacher  
Rucstall Primary School



