

Year 6 Activities & Residential Week

2026





Leave school at 9am

Arrive back at school at 5pm

STEM Day



Wookey Hole



Arrive at 8:30am - Hall
Leave at 9am

Activities, explore and lunch

Mill on The Brue

- Where is it?
- Flavour of what it's like
- Adults
- Potential activities
- Sleeping Accommodation
- Sample Programme
- Menu
- What to pack?
- Medicine
- Behaviour Expectations

A Flavour!



Adults

Trip Leader:

Mrs Healy

Supporting staff:

Mrs Walker

Mr Briggs

TBC

The Activities

The activities are designed to be exciting, challenging, and memorable experiences. Through these activities, children will:

- **Build resilience** by tackling physical and mental challenges
- **Develop teamwork and communication** in collaborative tasks
- **Grow in confidence** as they try new things
- **Foster independence** away from home
- **Connect with nature** and enjoy the outdoors
- **Have fun!** – creating lifelong memories with their peers

Potential Activities

- Challenge tracks
- Low ropes
- Night Line
- Survival game
- Tunneling
- Great wall
- Raft building
- Slide and glide
- Save the river
- Spiders web
- Archery
- Water slide
- Zip wire
- Canoeing
- Climbing
- Orienteering
- High ropes – Gladiator wall, crate stack
- Bushcraft
- Pizza making
- Assault course race
- Burma Bridge
- Campfire
- Crazy Olympics
- Disco
- Grass toboggans

Sleeping Accommodation

- These rooms are on the first floor.
- Every bedroom has its own exclusive bathroom.
- All outside doors have coded key pads.
- Separate dining room for breakfasts.
- Own sitting room.
- Stand alone house on the periphery of Mill on the Brue's land.



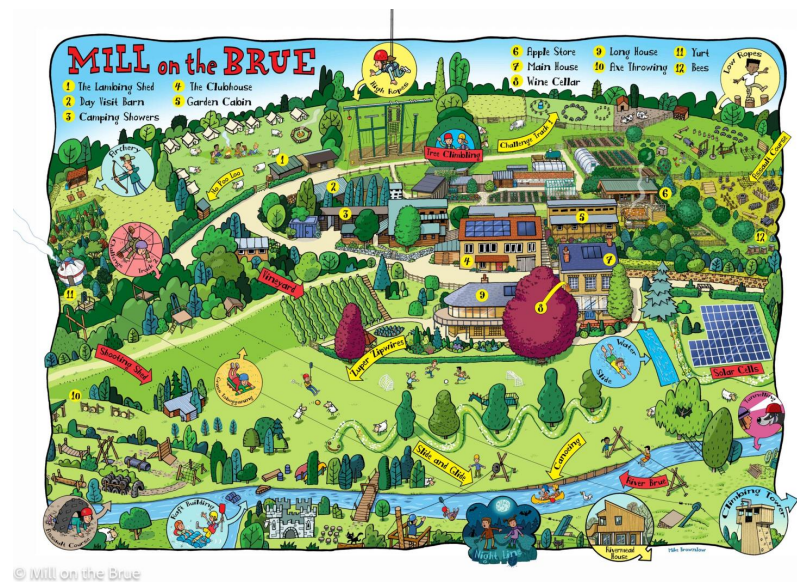
<https://www.millonthebrue.co.uk/outdoor-activity-centres/accommodation/>

Sample Programme

Thurs	Rucstall
8:30am	<i>Breakfast</i>
9:30am	Tunnelling
11:00am	<i>Break</i>
11:30am	Water Slide
1:00pm	<i>Lunch</i>
2:00pm	Canoeing
3:30pm	Crate Stack
5:00pm	<i>Tea</i>
5:30pm	Axe Throwing
6:30pm	<i>Supper</i>
	MoB Led Activities
	<i>Drinks</i>

9pm Return to rooms

Home!



Arrive back 3:45pm

Menu

Week 3	Breakfast	Lunch	Dessert	Dinner
Monday		Pasta with a rich Tomato & Vegetable Sauce Garlic Bread Cheese Salad	Warm Fruit Crumble & Local Fresh Cream	Cheese or Ham & Cheese Toasties Crudities Coleslaw Fresh Cut Fruit
Tuesday	Cereals Yoghurt Toast & Preserves Fruit Juice	Chicken & Veg Pie or Roasted Feta and Spinach Pie New Potatoes Seasonal Veg	Mandarin Cheesecake	Jacket Potato with Cheese and Beans Salad Yoghurt
Wednesday	Cereals Yoghurt Toast & Preserves Pain au Chocolat or Croissant Fruit Juice	Hunters Chicken or Plant based Hunters Roasted New Potatoes Plated Fruit	Treacle Tart and Custard	Margherita Pizza Baked Beans Coleslaw Fruit Crumble & Custard
Thursday	Cereals Yoghurt Toast & Preserves Fruit Juice	Sausages or Homemade Veggie Sausages Mashed Potato Seasonal Veg Gravy	Apple & Cinnamon Pie with Cream	Mac & Cheese with a selection of Homegrown Salads Warm Homemade Chocolate Brownie
Friday	Cereals Yoghurt Toast & Preserves Bacon bap Fruit Juice	Homemade Fishcakes or Cheese & Lentil Bakes Wedges Peas	Homemade Cookies	



What to pack?

Rucksack

- Sun hat
- Sun cream
- Waterproof coat (you never know!)
- Disposable packed lunch for day 1 (no fizzy drinks or energy/caffeinated)
- Water bottle (for the week)



What to pack?

Small Suitcase / Holdall

- 1 towel
- Wash bag (soap, shampoo, shower gel, toothbrush and toothpaste)
- Hair ties/hair brush (hair longer than shoulders)
- Pyjamas (and teddy)
- Socks and Underwear
- Trousers/Shorts
- Jumper
- T-shirts/polo shirts
- Plastic bags for dirty clothes
- x2 pairs of shoes (including one pair for water activities)

Spare items needed



What to pack?

Sleeping bag

All other bedding is provided (pillows and bed sheets).



Items children must not bring:

- Mobile phones
- Computers/tablets/Kindles/etc.
- Portable games consoles
- Jewellery either expensive or of a sentimental value
- Chewing gum
- Money
- Any object that may be considered to be sharp or dangerous.
- An excessive amount of sweets – only one bag per child is permitted, following the no nut policy.



Emergency Contact

- If you need to contact us due to an emergency situation please contact the school during working hours or use the emergency mobile phone number: 07716 743307
- If we need to get in contact with you, Mrs Healy will do so directly.



Medical/Medicines



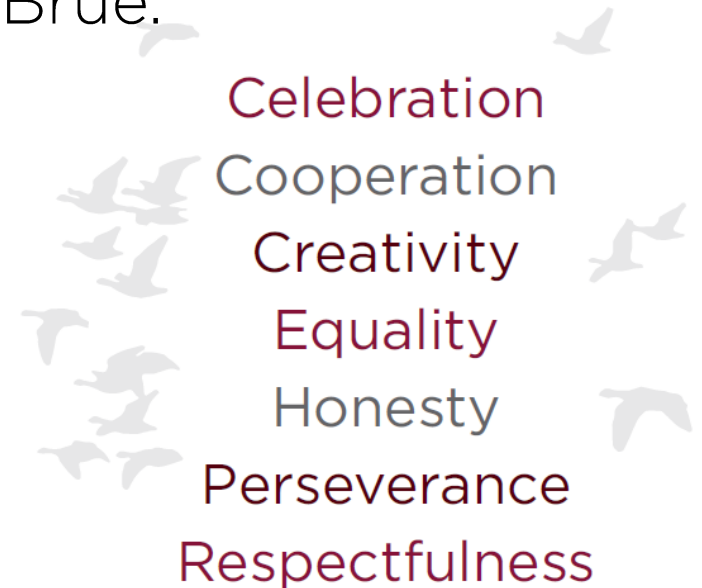
- Medicines in school will be taken
- Further form will be sent home after half-term

- Medicines – we can administer
- Medicines for the trip required on Day 1 – forms required on the day
- Travel Sickness/Hayfever etc > complete a form



Behaviour Expectations

- The same expectations as school – the children will have their own briefing before going!
- Following the school values
- Yellow / Red Card system
- In the event of an extreme behaviour issue parents/guardians will be requested to collect their children from Mill on The Brue.



Children, remember to...

- Thank your parents – they have paid for you to go!
- Before grabbing your suitcase and rushing off, say thank you to the adults who have given up their own time away from their families to take you.
- Smile, have fun and live life in the moment!



The Famous Blog!

- Photos will be taken by the staff
- Children will write the blog
- It be able to view on this page:



The screenshot shows the Rucstall Primary School website. The header features the school logo and the text "Rucstall Primary School A caring, fun loving, learning community". The navigation menu includes "Our School", "Key Information", "Teaching & Learning", "Parents", "Children", and "Community". A dropdown menu is open under "Children", listing various categories such as "Gallery", "Class Pages: 2024-2025", "Class Pages: 2023-2024", "Class Pages: 2022-2023", "Year 6 Residential Week - Mill on the Brue 2025", "Isle of Wight 2024", "Marchants Hill 2022", "Pupil Responsibilities", "Keeping Safe", "Home Learning", "Remote Education Offer", "Language of the Term", "EARA", and "Young Interpreters". The background image shows a teacher and a child painting together at a table.



Any questions?





Year 6 Residential

08.30:

- Arrival
- Bag drop off
- Sign in
- Medical forms



08.50:

- Last hugs!
- Say goodbye and leave children in the hall



09.00 – 09.10:

- Wave the coach off!



See you at 15:45 on Friday!