



Rucstall Primary School

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Thursday 23rd April 2026

Dear Parents and Carers

At Rucstall Primary School, we are committed to providing a comprehensive Personal, Social and Health Education (PSHE) curriculum, which includes Relationships and Sex Education (RSE). As you may recall, parents were asked to indicate their consent for their child to participate in these lessons when they joined our school, and we are aware that you have chosen to withdraw your child from some or all aspects of the RSE programme.

We fully respect that this decision may have been made thoughtfully and for personal reasons. At the same time, it is very important to us that you feel informed, reassured and confident about what is taught in school, and that you have the opportunity to raise any questions or concerns you may have.

For this reason, we would strongly encourage you to attend our **RSE Parent Information Evening**, which will take place on **Tuesday 19 May at 5.00pm**. Many parents who are unsure about RSE, or who have chosen to opt out, find that attending this session helps to clarify exactly what is covered, how topics are taught, and how we ensure content is age-appropriate and sensitive.

Please note that this session is for adults only, as resources from all year groups will be shown, some of which would not be appropriate for younger children.

During the session, we will:

- Explain the **statutory elements** of Relationships Education and Health Education, including age-appropriate teaching about safety, relationships and puberty
- Share an overview of our **RSE curriculum map**, showing how learning progresses from Key Stage 1 through to Year 6
- Show examples of the **resources and materials** used in lessons, including any videos
- Discuss the school's **RSE policy** and how it reflects our values and statutory guidance
- Provide a clear explanation of **parental rights**, including withdrawing children from non-statutory sex education



- Offer time for **questions, discussion and feedback**, so that any concerns can be shared and addressed

We hope you will consider joining us, as this meeting may help to reassure you about our approach and give you a clearer understanding of what is discussed in lessons, even if your decision about participation remains unchanged.

To help us plan seating and resources, please confirm your attendance with the admin team, either in person or by emailing adminoffice@rucstall.hants.sch.uk.

We look forward to welcoming you and working in partnership with you. If you have any questions ahead of the session, please do not hesitate to contact us.

Yours sincerely

Victoria Earl
PSHE Leader

Miss Hughlock
Headteacher